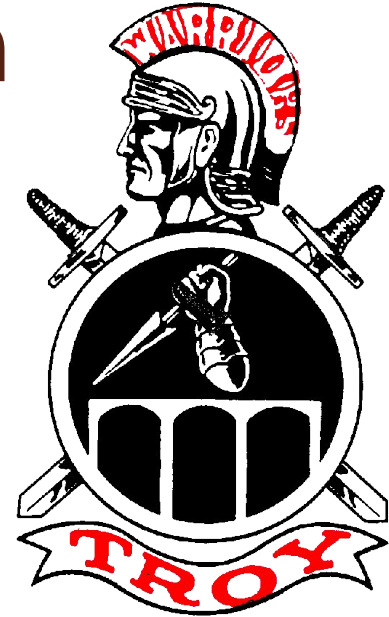


# Sophomore Parent & Guardian Presentation

*Troy High School  
Winter 2019*





# Tonight's Presentation & Handouts

- Tonight's presentation and accompanying handouts will be posted on the Troy Counseling webpage in the next few days.
- Feel free to take notes or just listen.



# 10th Grade Student Presentation

- From January 17-25 all sophomores participated in a counseling presentation via their English class.
- Sophomores logged into their Naviance account, took the “Do What You Are” assessment and then explored careers related to their assessment results.
- Sit down with your student and log-in to their Naviance account to review the assessment results and career exploration assignment. This will start dialogue on college plans, college fit, careers, and more.

# Troy Graduation Requirements

Subject	Years	Credits/Units
English	4 years (English 1, 2, 3, and CSU ERWC)	40
Social Science	3 Years (World History, U.S. History, Government & Economics)	30
Mathematics	3 years (1 year must be earned in Algebra 1 or higher course)	30
Science	2 years (1 year of biological science & 1 year of a physical science)	20
World Language, CTE or Visual/Performing Art	1 year	10
Health	1 quarter (half a semester)	2.5
Physical Education	4 semesters	20
Electives		65
TOTAL UNITS REQUIRED		217.5

# UC/CSU Entrance Requirements

Category	Subject	Years Required Recommended
A	History/Social Science	2 years
B	English	4 years
C	Math (Algebra 1/Geometry/Algebra 2)	3 years (4 recommended)
D	Laboratory Science	2 years (3 recommended for UCs)
E	Language Other Than English (LOTE)	2 years (3 recommended for UCs)
F	Visual and Performing Arts (VAPA)	1 year (or 2 sems in same discipline)
G	College Preparatory Elective	1 year

- *A-G courses must be passed with a C- or higher*
- *Tests Required: SAT Reasoning Test or ACT with Writing. SAT Subject Tests are optional for UC campuses & not required for CSUs.*




# Private Colleges & Out-of-State College Entrance Requirements

- Check the college admission websites for requirements. Each college will vary so it's important to research. For example, some colleges are now “test optional” for SAT and/or ACT exams.
- Usually, if you fulfill the UC a-g requirements (including “recommended years” of courses) you will meet the majority of college admissions requirements.

# Which GPA do UC/CSU campuses use?

- UC/CSU GPA is calculated using sophomore and junior year grades in a-g courses. They allow for a certain number of honors points for weighted courses (2 in 10th grade + 6 more in 11th grade for a total of 8 points max).
- Download Troy's a-g list from the UC Doorways link in the UC section of the Troy Counseling webpage.
- Download the UC/CSU GPA Calculation sheet from the Troy Counseling webpage.



# Which GPAs do Private and Out-of-State Colleges use?

- The GPA used will vary by college. Check their admissions webpage or contact an admissions counselor for more specific information. On average, most look heavily at the sophomore and junior year grades.





# What are Colleges Looking for in Applicants?

*A strong high school academic record:*

- Earn the best grades possible.
- Take honors/IB/AP classes where possible.
- Exceed the high school course requirements (i.e., a-g list) in the subjects in which you are strongest.
- Study for the SAT and/or ACT to get the strongest score you can.



# What are Colleges Looking for in Applicants?

*Demonstrate involvement in your school and/or community:*

- Select a few activities (i.e., sports, clubs, community organizations, etc.) to join and be involved in every year. Colleges want the *quality of your involvement*, not the quantity or number of activities.
- Increase your level of responsibility and leadership within these activities.
- Keep a detailed record of all of your extra-curricular activities using the Naviance resume builder.

# What Colleges Don't Want to See..

- Any incidents of academic dishonesty. Counselors are required to report when a student is suspended for any reason.
- Inaccurate reporting of grades, activities, or any information on the application. Be sure to be honest about grades, extra-curricular commitments, etc. Colleges audit 15-20% of their applicants to provide documentation of activities.



# Community Colleges

- There are 114 community colleges in California
- A student may enroll in any community college after graduation; application filing is in early spring of senior year.
- Community colleges offer: certificate programs, Associate Degrees, and Associate Degrees with transfer options as well as Honors Programs and more.
- Students may attend any accredited community college and then apply to transfer to a university (usually as a junior).



# Community Colleges... continued

- Students should earn strong grades and take as many academic courses as possible to prepare for college level/transferrable classes at the community college. Additionally, GPA can have a significant impact on financial aid eligibility.
- Each community college offers different programs, certificates, majors, etc. Students should explore all of their options and attend the community college that best fits their needs and goals.

# Military Enlistment

- Students may enlist in any branch of the military: Coast Guard, Marines, Navy, Army and Air Force.
- Students & families may meet with military recruiters; there is a local recruiting center in Brea.
- Students take the Armed Services Vocational Aptitude Battery (ASVAB) test. Scores determine which branch you can join and what jobs you qualify for.
- You may read over the military section of the Troy counseling page for more information.



## FAQs (1 of 4)

*Q: I got a low grade (D or F). Now what?*

Retake the class to make-up the grade and improve future grades. Show colleges that you have learned and moved on by taking challenging courses in future years and earned strong grades. Show them that you bounced back from a low grade or a bad semester!

# FAQs (2 of 4)

*Q: I don't have a lot of extra-curricular activities. What should I do?*

Find a few clubs or groups to join and start now! If you live far, find places close to home... like a library or Boys & Girls Club. Pick clubs/groups that interest you, you can join the majority of Troy clubs at anytime during the year.





## FAQs (3 of 4)

*Q: I don't know where I want to go to college or what I want to major in. Where should I start?*

Use your Naviance account. Take a career test to research what careers (thus possible majors) match you. Use the “Super Match” College Search tool to select colleges based on what you want in a college right now.

# FAQs (4 of 4)

*Q: I don't know where I want to go to college or what I want to major in. Where should I start?*

- Take an ROP class; some classes are on-campus, others are off-campus. These hands-on classes allow students to explore many career fields. Check the ROP section of the Troy Counseling webpage.
- Ask family members or family friends if you may observe them for a day in their job. This is a great way to explore a job and could possibly lead to an internship- a great addition to your high school resume!
- Take an elective class in an area of interest to begin exploring possible college majors.



# What To Do This Summer

- Start to explore what you are looking for in a college by touring some campuses. Check the college websites for tour information (also... take their virtual tours!).
- Research colleges online & build your list of “colleges I’m thinking about” in your Naviance account.
- Continue (or start) volunteer work. Check with nearby city, community groups, etc.



# What To Do This Summer

- If you earned a D or F in the fall and/or spring semester, sign up for summer school during registration. Registration for next year's classes and summer school takes place in early February.
- Work on your academic skills by reading, math prep, writing, etc.
- Talk to your family about your college goals. Make sure they know what you are aiming for so that they can support you.

# Reminders for Fall 2019

- Take the PSAT/NMSQT. It will be offered only once this school year in October. Exam registration will be communicated at orientation. More PSAT information will be forthcoming and posted on the website.
- Attend Troy's College Night in September. College representatives will be in both gyms.
- Families: Start discussing how college will be financed and look into financial aid options and forms (see our website for more information).